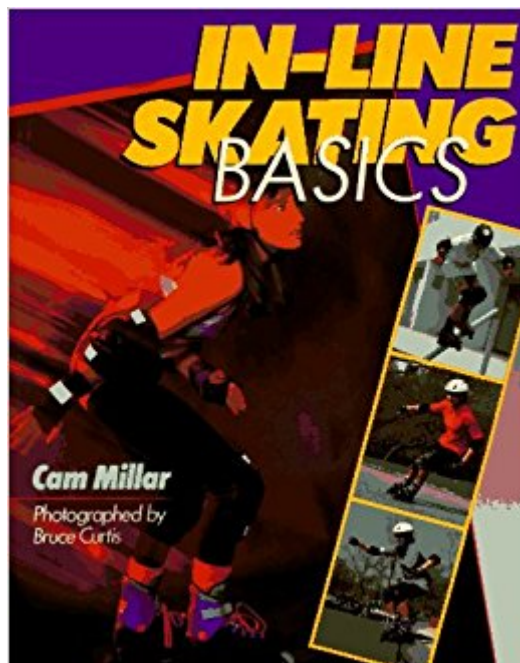


The book was found

In-Line Skating Basics



Synopsis

Packed with photos, this unique, handy guide by a top coach can help anyone join in the action. The sequential approach presented here provides a sound base of balance and stay-in-shape technique that prepares you for all forms of more advanced in-line skating, like roller hockey and dancing. Find out how to choose the right pair of skates and appropriate protective gear, and then get ready to roll! 96 pages (all in color), 8 x 10.

Book Information

Age Range: 9 and up

Paperback: 96 pages

Publisher: Sterling (December 31, 1996)

Language: English

ISBN-10: 080693851X

ISBN-13: 978-0806938516

Product Dimensions: 10 x 8.1 x 0.3 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 4 customer reviews

Best Sellers Rank: #4,649,919 in Books (See Top 100 in Books) #99 in Books > Sports & Outdoors > Individual Sports > Rollerskating & Rollerblading #12627 in Books > Children's Books > Sports & Outdoors #45436 in Books > Children's Books > Activities, Crafts & Games

Customer Reviews

Write to the author! Cam Millar - artfarm1@earthlink.net Hi, and thanks for your interest in my book. I was thrilled to have the chance to write it, because I felt that there was a real need for a book such as this one. Spend time learning how to use your heel brake, and the road will open up to you! Experiment with the various exercises, and you'll find yourself skating with more and more confidence. I'm sure of that! If you're going to be skating in New York, or want to write me with any questions or comments, I'm at artfarm1@earthlink.net. Keep your knees bent, your wheel rotated, and your eyes up! Take care! Cam Millar

Good book for the beginner. Lots of pictures. Reviews various techniques. Would like to have more explanation at times.

This book is about basic technique. The picture sequences are very good and show exactly how to

execute these basic techniques. Although the descriptions are not very involved, the photos make it clear what the authors are trying to teach. This is a good companion to Get Rolling by Liz Miller.

satisfied

This a real wonderful book with sequence colour pictures for all the basic movements. It's a joy to read this book. There is nothing else in this book really, just techniques and techniques. It's pure skating.

[Download to continue reading...](#)

In-Line Skater's Start-Up: A Beginner's Guide to In-Line Skating and Roller Hockey (Start-Up Sports series) In-Line Skating Basics Get Rolling, the Beginner's Guide to In-line Skating, Third Edition Advanced In-Line Skating Fitness In-Line Skating (Fitness Spectrum) In-Line Skating! Get Aggressive (Extreme Sports Collection) Botanical Line Drawing: 200+ Step by Step Drawings of Trees, Flowers, Fruits, Leaves and Vegetables: The Complete Workbook of Botanical Line Drawing Peter's Line Almanac: Volume 2 (Peter's Line Almanacs) The Disney World Queue Line Scavenger Hunt: The Game You Play While Waiting In Line Line Dance Essentials: A must have guide to Line Dancing On the Line: The Creation of a Chorus Line Term Sheets & Valuations - A Line by Line Look at the Intricacies of Term Sheets & Valuations (Bigwig Briefs) Term Sheets & Valuations: A Line by Line Look at the Intricacies of Term Sheets & Valuations (Bigwig Briefs) LINE OF CREDIT: Line Of Credit Secrets Revealed For Your Business, Equity And Taxes Clothing Line Start-Up Secrets: How to Start and Grow a Successful Clothing Line Devil's Line Vol. 8 (Devils' Line) Software Agreements Line by Line, 2nd ed.: A Detailed Look at Software Agreements and How to Draft Them to Meet Your Needs Changing Lines: A New Interpretation of the I Ching for Personal and Spiritual Growth (Line by Line) Ruling Lines: A New Interpretation of the I Ching for Decision Making (Line by Line) Connecting Lines: A New Interpretation of the I Ching for Understanding Personal Relationships (Line by Line)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)